

Checklist for LtL Trainers Working in School or Nurseries

Our LtL Risk Assessments and Standard Working Practices are in place to protect our staff and customers.

Standard Control Measures:

- I have no symptoms of Cv19 and/or have not been in contact with a Cv19 positive case.
- I am taking twice weekly Lateral Flow test and recording the results with NHS and LtL forms.
- I am using the NHS or NHS Scotland Covid tracking app on my work phone.

Before any school or nursery visit:

- I have contacted the school 24 hours before to check that it is appropriate that I still attend, and they understand the purpose of my visit.
 - The school has access to our policies <https://www.ltl.org.uk/understanding-risk/>
 - The school has systems in place for access to a toilet should I need.
 - The school has no Covid19 cases for 7 days prior to my visit.
- I have a limited number of pupils or adults to work with (trainer included in total): maximum 30 pupils and 2 staff, we PREFER 15 or less.
- I will carry and use a mask where needed, always wearing it indoors.
- I will take my own lunch, drinks bottle or cup, and refreshments.
- I will avoid public transport where possible.
- I have a personal hygiene kit with handwash, soap, towel, wipes, facemasks, and gloves, for my own use only.
- I have all my own equipment, from outdoor clothes, pens, outdoor play or learning equipment.
- I have either cleaned or quarantined (for 24 hrs) all equipment to be shared with pupils or adults.
- I have access to all the LtL Risk Assessments and Covid Policies – In-school delivery LtL. <https://www.ltl.org.uk/understanding-risk/>

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