



Primary
Cross curricular

Blindfolded exploring

Age: 4-11

Topic: Teamwork and communication



Learning through Landscapes

Overview

This multi-sensory activity will not only remove the visual element of exploring, but enhance other senses such as touch, sound and smell. Teamwork and clear communication will be encouraged between pupils and the activity can be adapted to cover a range of further curriculum areas.

Learning outcomes

- To accurately listen to and follow verbal instructions.
- To communicate clearly with a partner and build trust and teamwork skills.

Did you know:
Our 5 commonly referenced senses are sight, smell, hearing, touch and taste but some scientists think we have over 20.

Equipment

- A blindfold or some material that can be used as one e.g. a scarf.
- An open space, preferably with a mixture of surfaces and interesting objects to feel.

Activity

- Organise pupils into pairs – one to wear the blindfold and the other as the guide. If pupils are reluctant to wear a blindfold they can just shut their eyes instead.
- Remind the guide that they must communicate clearly with their partner and warn them of obstacles.
- Ask the guide to lead their partner to an object by gently holding hands or allowing them to hold their shoulders.
- Encourage pupils to carefully feel the item in depth, reaching as high as they can and as low as possible. Can other senses be used as well as touch?
- Once thoroughly explored, ask the guide to bring their partners back to where they started.
- Pupils can now remove the blindfold and attempt to guess where they have been taken and what object they were exploring e.g a specific tree.

Further activities

Subject area	Suggested curriculum links	Potential outputs to show learning
Writing	Recount writing	Recount where they went, how they felt and what they found.
	Descriptive language	Select adjectives or describe in detail what they felt.
	Prepositions	Set up a range of blindfolded obstacles such as things to go over, under, or through etc.
Maths	Position and direction	Give specific directions using directional language and changes of position such as angles or degree turns.
	Shape	Highlight the 2D and 3D shapes, angles and lines that are found.
Geography	Mapwork	Create a map of where has been explored including symbols and compass directions.
Health and Wellbeing	Connection with nature	Exploring, observing and identifying natural objects.

If you would like to develop your outdoor learning knowledge and skills, take a look at our range of training courses: ltl.org.uk/outdoor-learning-training